

How does the Miller Method Continuing Education Program Work?

Introduction

The Miller Method (MM) was developed by Dr. Arnold and Eileen Miller beginning in 1965. Initially known for being child oriented, the approach now includes the Miller Method's Continuing Education Program (MMCEP), developed in collaboration with colleagues, by Ethan B. Miller, teacher and coach for adults with autism.

Drawing on the knowledge and experience of dozens of Miller Method Certified Therapists, Instructors, and Specialists, nationally and internationally, the MMCEP focuses on coaching and teaching adults on the autism spectrum and related conditions as opposed to being a therapy program. The MMCEP also tasks a long history of videoconference teaching experience, which enables technical competence, fluid teaching and attention to detail. The MMCEP employs an abilities based approach, client desires, concerns of their family and others providing support are combined with instructor assessment for building easy to implement, practical solutions for achieving strength based goals and objectives.

Miller Method has a long history of strength of client assessment. Key aspects include reviewing client history and an in depth interview of client and family utilizing MM tools for developing an understanding and connection with the client as a foundation for building a course of action.

Session Focus

Depending on what the client needs and goals are, we may develop a pathway for a client to join a group home, or group day program. The course may include creating the impetus and delivery for healthy living, a daily walk, creating a pattern of healthy eating, or bike riding. As appropriate, the MMCEP can focus on life skills such as finding a job, applying for a job or applying for unemployment as well as dealing with life's stressors and distractions. Other areas of focus have included the process and skills required for learning to drive, and understanding the responsibilities and possibilities that come with it.

Session Structure

A 20 session video conference series costs \$5,000.00 USD for sessions meeting weekly, bi-weekly, or monthly with the bi-weekly interval seeming to work best for most adult clients. Time between sessions is supported by text or email or even phone as needed. The program is designed to evolve session to session, meaning items may be discarded in favor of better content. At the ten session point the client program is reviewed and assessed for effectiveness with midcourse modifications made as needed. Practitioners of MMCEP strive to create reproducibility of the course content through the client use of MM tools on their own. Completion of the series culminates in the awarding of a certificate of completion to the client for work well done. Finally, additional sessions can be added at the conclusion of the program if needed.

Ethan B. Miller
Director of Operations
emiller115@gmail.com
(617) 921.8159